



## Lesson 5: The Sabbath

The LORD's Progressive Revelation about His Plan of Redemption.....



## NOTES FOR LECTURE 5

### Sabbath – Becky

#### “The Pre-eminent Overarching Appointment”

**Isaiah 43:11** “I, even I, am the LORD, and apart from me there is no savior.”

1. The Sabbath in the 10 Commandments:

- a. **Exodus 20:8-11** – *Remember the Sabbath Day by keeping it Holy.*

Because The LORD rested on the 7th day

- b. **Deuteronomy 5:12-15** – *Observe the Sabbath day by keeping it Holy.*

Because they were slaves in Egypt and the LORD brought them out

2. Physical rest foreshadows spiritual rest:

- a. Brought out of bondage with *an outstretched arm*

- b. Believe, trust and depend upon His work, not ours, for salvation/sanctification.

3. The Sabbath rest is a sign, proof, that the LORD makes you holy. Exodus 31:12-13

- a. *Do not worry about tomorrow...* - **Matthew 6:31-34**

- b. Jesus points out the disciples’ lack of faith: Matthew 8:25-26; Matthew 16:8

- c. Do we trust Him? Will we accept His gift of Sabbath rest?

4. Lack of faith, rest and dependence on Yehovah was a reoccurring theme for Israel

- a. ....*they would have none of it* – **Isaiah 30:15**

- b. ....*they utterly desecrated my Sabbaths* – **Ezekiel 20:12-13**

- c. Paul warns .....*these things occurred as examples...* – **I Corinthians 10:1-6**

- d. ....*you have been rebellious against the LORD* – **Deuteronomy 9:5-7**

5. Sinful activities such as grumbling, complaining are outward symptoms of the disease within:

### **Examples of Disobedience (Disbelief) Not to Follow**

Hebrews 4:1-11 & I Corinthians 10:1-13

Doubting His Presence, Power, Provision, Protection, Plan, Providence, Promise

- **Mount Sinai or Horeb** (Deuteronomy 9:8; Exodus 32:1-35)  
  
Created an idol doubting it was God's Power that saved them. "This is your god, O Israel, who brought you up out of Egypt."
- **Taberah** (Deut. 9:22; Numbers 11:1-3)  
  
The people complained about their hardships to one another instead of communicating with God – doubting his Presence, Provision and Plan
- **Massah and Meribah** (Deut. 9:22 and 6:16; Exodus 17:7)  
  
Grumbling, quarrelling because they doubted God's Presence & Provision. "Is the Lord among us or not?" Moses struck the rock for water (in Numbers 20:1-13, he struck it twice). Today, if you hear his voice.....Psalm 95:8-11
- **Kibroth Hattavah** – Graves of Craving (Deut. 9:22; Numbers 11:4-34)  
  
When they began to crave other food and started wailing God sent quail. He struck them with a plague "because you have rejected the Lord who is among you." They complained about His Provision and doubted His Presence.
- **Kadesh Barnea** (Deut. 9:23; Deut. 1:19-46)  
  
The people refused to go into the Promised Land on the ninth of Av doubting God's power to keep His Promise of Protection, Provision and Providence in order to fulfill His plan through His Presence. "You did not trust him."

### **The Ninth of Av – Tisha B'Av**

- Ten out of twelve spies gave bad report of the Promised Land. They were afraid and did not enter the Promised Land. (Numbers 13-14)
- The Temple was destroyed during Solomon's reign in 586 B.C. and again in Herod's in 70 A.D. The ninth of Av in 70 A.D. was a Sabbath.
- In 1290, the Jews were expelled from England on the ninth of Av under the rule of King Edward I
- On July 22, 1934 Hitler gave the proclamation to prohibit Jews from getting legal

qualifications. That was also on ninth of Av. They were deported to death camps in Treblinka in what was to be the beginning of the Holocaust

- The Jews were kicked out of Gaza in 2005. The gate closed on the Gaza strip, sealing off Gaza from the rest of Israel, at exactly midnight August 14, 2005. On the Jewish calendar, August 14 was the ninth of the month of Av

**Zephaniah 2:1-4** - ...*For Gaza shall be forsaken*

**Ezekiel 20:1** – *In the seventh year, in the fifth month (Av) on the tenth day (which was the day after they had proven their lack of faith), the elders of Israel came to inquire of the Lord.*

*Then God tells them that He will not let them inquire of Him.*

6. Disobedience is disbelief:

- Those who disobeyed did not believe* – **Hebrews 3:18-19**
- They sinned against God for they did not believe or trust in His deliverance* – **Psalms 78:22**
- We must first surrender our plans, strengths, self-dependence and the desire to control and learn to *rest from our own work...* – **Hebrews 4:9-10**
- My soul finds Rest in God alone; my salvation comes from him* – **Psalms 62:1**

7. Exodus 12 – the First Passover and Feast of Unleavened Bread

- Nissan is their first month – a perfect lamb is to be chosen on the tenth of the month
- They were to take care of the lamb and then slaughter it on the fourteenth at twilight and put the blood on the door frame
- They were to eat the lamb that same night (the fifteenth) with bitter herbs and bread without yeast (unleavened bread which represents sinless-ness)
- That same night, God would strike down all first born who are not behind the blood on the door (which is a sign) and He would bring judgment on all the gods of Egypt

**Homework after Lecture 5**  
**Prepare for Lesson 6 – Passover/Unleavened Bread**

Passover/Unleavened Bread is sometimes separated as two different Appointments, but you will see in Scripture that it is one long Appointment that lasts for eight days. The terms **Passover** and **Unleavened Bread** are often used interchangeably, which may be confusing at first. It will become clear as you study the details. In general, we will refer to this Appointment simply as Passover. The Hebrew word for this Appointment is *Pesach* which means “to spring, to jump or to skip over.”

This eight-day Appointment consists of one day of Preparation on the fourteenth day of the first month followed by seven days of Unleavened Bread from the fifteenth day of the month until the twenty-first day. Passover commemorates the LORD’s deliverance of Israel from the slavery of Egypt, and it also symbolizes (foreshadows) the Believer’s redemption from the slave market of sin.

It is here, within the shadows of the first Passover and the **co-incidences** found in the Crucifixion, that we begin to see the progressive revelation of the LORD’s Plan of Redemption. The meaning and application of the signs and wonders, which were previously hidden, begin to show us the way to grasp the multi-faceted prophetic picture of what God is revealing through the pattern of His Appointments.

**I Peter 1:10-12 -**

*Concerning this salvation, the prophets, who spoke of the grace that was to come to you, searched intently and with the greatest care, trying to find out the time and circumstances to which the Spirit of Christ in them was pointing when he predicted the sufferings of the Messiah and the glories that would follow. It was revealed to them that they were not serving themselves but you, when they spoke of the things that have now been told you by those who have preached the gospel to you by the Holy Spirit sent from heaven. Even angels long to look into these things.*

1. Familiarize yourself with the story of the Israelites’ exodus from slavery in Egypt by skimming over **Exodus 1-12**. Pay special attention to Chapters 11 and 12 concerning the Passover.
  
2. Read Exodus 12:1-51. Focus on verses 1-6 to answer the next three questions: (see also Leviticus 23:5-8; Numbers 9:1-5; Deuteronomy 16:1-8)
  - On what date and in what month were the Israelites to choose the lamb? Refer to **The Seven Appointments of the Lord, Chart #4**, for help. (Note: The LORD originally called the months, “The first month, the second month, etc.,” but those months were renamed by the Jews during their Babylonian captivity and are still in use to this day. Translations of the Hebrew Pentateuch translate “first month” to either *Aviv* or *Nissan*. It is a translator’s prerogative.)

- What kind of lamb were they to choose?
- What were the Israelites to do with the lamb until the fourteenth of the month?
- From Exodus 12: 6-10 and 21-23, what did the LORD command the Israelites to do with the lamb? Be specific.

3. Re-read Exodus 12:6, 12-13 along with Numbers 33:1-4:

- With what you know about the beginning of the Jewish day, what was the date that the LORD passed through Egypt?
- Who was He bringing judgment upon?
- The blood on the houses was to be a sign. Who was the sign for?

4. Re-read Exodus 12:14-20:

- At first reading, how many days did/do you think this commemoration was to last?
- Now, reread Exodus 12:18 along with Leviticus 23:4-8. How many days are there from the fourteen of the month up to and including the twenty-first?

- If there was to be no leaven found in the houses all day starting on the first day of seven days (the fifteenth), on what date was the removal of leaven to be completed?
  
  - Why do you think the LORD had them remove the yeast from their homes? Use a Bible dictionary or go online to learn what yeast (or leaven) represents.
  
  - On which of the eight days were the Israelites commanded to do no work? What would they have called those days?
5. Familiarize yourself with the account of the days leading up to and including Jesus Christ's (Messiah Yehoshua's) crucifixion in John chapters 12-19. Just read it like a story and don't worry about the details. We will be going over these verses during the lesson on Passover/Unleavened Bread.